

Putting on (donning) PPE

The order for putting on PPE is gown, respirator, eye protection and gloves. This is undertaken outside the deceased's room.

- Perform hand hygiene before putting on PPE
- Put on the long-sleeved fluid repellent disposable gown, fasten neckties and waist ties
- Don respirator. Position the upper straps on the crown of your head, above the ears and the lower strap at the nape of the neck. Ensure that the respirator is flat against your cheeks. With both hands mould the nose piece from the bridge of the nose firmly pressing down both sides of the nose with your fingers until you have a good facial fit. If a good fit cannot be achieved, do not proceed.
- Eye protection: place over face and eyes and adjust the headband to fit.
- Gloves: select according to hand size. Ensure cuff of gown covered is covered by the cuff of the glove.

Removal of (doffing) PPE

PPE should be removed in an order that minimises the potential for cross contamination. PPE is to be removed in a systematic way before leaving the deceased's room such as gloves, then gown and then eye protection.

The respirator must always be taken off outside the deceased's room.

Where possible the process should be supervised by a buddy at a distance of 2 metres to reduce the risk of inadvertently contaminating themselves while doffing.

The FFP3 respirator should be removed outside the deceased's room.

All PPE must be disposed of as infectious clinical waste.

The order of removal of PPE is as follows:

Gloves: the outsides of the gloves are contaminated

- grasp the outside of the glove with the opposite gloved hand; peel off
- hold the removed glove in gloved hand
- slide the fingers of the un-gloved hand under the remaining glove at the wrist
- peel the remaining glove off over the first glove and discard
- clean hands with alcohol hand rub

Gown: the front of the gown and sleeves will be contaminated

- unfasten neck then waist ties
- pull gown away from the neck and shoulders, touching the inside of the gown only using a peeling motion as the outside of the gown will be contaminated

- turn the gown inside out, fold or roll slowly into a bundle and discard into a lined waste bin

Eye protection - if a full-face visor

- to remove, use both hands to handle the retraining straps by pulling away from behind and discard
- clean hands with alcohol hand rub

Respirator: in the absence of an anteroom/lobby remove FFP3 respirators in a safe area

- do not touch the front of the respirator as it will be contaminated
- lean forward slightly
- reach to the back of the head with both hands to find the bottom retaining strap and bring it up to the top strap
- lift straps over the top of the head
- let the respirator fall away from your face and place in bin
- wash hands with soap and water

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