

We'll support you in creating a fun filled calendar of events

2017-2018 SAIF

January

New Year New You
Take a 10 min challenge



February

Valentine's Day



March

DECHOX

Give up chocolate for March!



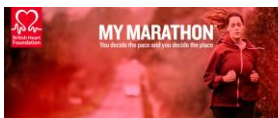
April

Pedometer challenge



May

My Marathon



June

Wear It Beat It



July

Heart Flyers Sky Dive



August

Office Olympics



September

BAG IT. BEAT IT.
FILL BAGS TO FUND LIFE SAVING RESEARCH

October

Halloween Dress Up



November

Nation of Lifesavers



December



Other ideas for 2017 and beyond:

- World Heart Day 29th September
- An Overseas Challenge
- Volunteering Opportunities
- A Santa Jog

**FIGHT
FOR EVERY
HEARTBEAT**